

ADAPALENE (DIFFERIN)

Adapalene (Differin) is a new and exciting treatment for acne and other types of skin conditions. It is a topically applied medication that is normally used at night. Most patients who use this medication do not have any side effects.

Differin is a medication, which works by unclogging the pores from underneath the skin. In many ways it works in a similar fashion to Retin A but normally does not have the associated Retin A side effects.

Usually a thin layer of Differin is applied at night or every other night. It can be applied immediately after washing your face. Try not to get the medication close to your eyes or lips.

Most people who use Differin do not have any side effects. As with any topically applied medication there is a slight chance of some minor irritation or dryness developing on the skin. If this would occur, it is all right to temporarily discontinue the Differin and use a moisturizer for the dryness. In most cases skipping the medication a day or two and then restarting it will solve the problem.

Differin does not cause any increase in sun sensitivity. If you are fair skinned however, it is always a good idea to apply a sunscreen that does not clog your pores during the summertime or if you are on vacation.

Differin comes in a cream and a gel form and in two different strengths. I will determine the best product for you based on your problem and skin type.

Again Differin is a topical medication which works quite well on many skin conditions. If you have any other questions about this treatment, please ask me before you leave the office.