

### **BENIGN LABIAL LENTIGO**

A benign labial lentigo is a harmless growth. The term labial refers to mucosal surfaces such as the lip or genital skin. The term lentigo refers to a small dark area. The plural form of lentigo is lentigines. They are most commonly located on the central lower lip. They may also occur on the upper lip, in the genital region, and on the episiotomy scars of women who have given birth. As their name suggests, these areas are not harmful and do not transform into cancer.

Benign labial lentigines can be grey, brown, black, or blue. Individual lesions have even color. Like freckles, they represent areas of increased melanin production, and occur more frequently in people with light skin. They are completely benign and require no follow-up unless they grow or change. While no treatment is necessary for benign labial lentigines, patients who are concerned with the appearance of these lesions can have them removed using various procedures.

If you have any other questions about benign labial lentigines, please do not hesitate to ask me.

