

CHONDRODERMATITIS

Chondrodermatitis is a condition, which affects the ear. The first part of the word chondro is a medical term for the cartilage of the ear. The second term dermatitis refers to the redness, swelling and discomfort that are present in the area.

Chondrodermatitis is a condition, which tends to produce a small red, tender pimple like area on the surface of the ear. It is not a true growth. It is an area of inflammation and swelling in the cartilage and the skin above it. In most cases it is related to sun damage and constant irritation.

Patients often notice this bump because of the tenderness in the area when sleeping on the affected area. Fortunately effective treatment is available to control it for most patients.

In many cases of chondrodermatitis a small test is done from the skin to prove that this is the problem rather than a true growth. Often times the test itself helps the problem out significantly. If this does not help then various creams and/or treatment with liquid nitrogen will be used. The exact treatment depends on the features of your individual case.

Chondrodermatitis is not a serious condition nor is it an indication of an internal problem. It is strictly a skin condition, which can be quite troubling because of the discomfort. Fortunately we can help most cases of this condition. Please do not hesitate to ask if you have any other questions about it before you leave the office.