

INSTRUCTIONS FOR CARE OF THE BIOPSY SITE

1. Keep the band-aid on overnight. After that, a band-aid is optional depending on the area involved and any irritation which may develop from clothing.
2. If you use a band-aid, apply a thin layer of plain Vaseline or Aquaphor before the band-aid to keep the area moist. If possible, rotate the angle of the band-aid each time it is changed to avoid a reaction to the adhesive.
3. If you do not use a band-aid, apply a thin layer of Vaseline or Aquaphor three to four times per day to keep the area moist.
4. The Vaseline or Aquaphor makes it easier for the wound to heal by keeping it moist instead of letting it dry out.
5. There are no restrictions after having this test. You may use soap, shower, bathe, or swim if you wish. Be sure to dry the area well afterward and then apply plain Vaseline or Aquaphor.
6. Rarely the biopsy site may bleed. If this happens, apply direct pressure until it stops. If there are any further problems, please call the office.
7. It would be best not to use Neosporin (triple antibiotic ointment) or Polysporin (with Bacitracin) because there is a slight possibility of becoming allergic to it, if it is applied to an open area. Plain Vaseline or Aquaphor work best.
8. These instructions should be followed until the area feels smooth compared to the nearby skin (or until the scab or crust falls off).
9. Our office will notify you about your biopsy results as soon as the report is available. This notification could be via a telephone call, a report sent in the mail or via My Chart if you are registered. You will always be contacted with the results so if you have not received an update within 2 weeks please call to let us know.